



CAMBOIS ROWING CLUB NEWSLETTER

No 12: January 2013

Happy New Year! Welcome to the first Cambois Rowing Club Newsletter for 2013.

Competitions

This year starts with a large Junior squad, many of whom will be new to competing, as well as new Senior members who will be competing for the first or second time. The Club's has new arrangements for entering competition, so this is how the system works.

All entries are made through the British Rowing website by one person in the Club – that person is Ian Jamieson. But before Ian grapples with the website, it is Craig Routledge who decides who enters and who does not, following consultation with the Captain, David Wright. For each competition British Rowing charges a fee for entry, so that essential costs are covered. Cambois Rowing Club charges for the cost of fuel to get the boats to the event.

So, to enter a competition, you need to do the following things:

- 1) Check with your coach that you and your crew are ready to compete in a specific event. Your coach will check with David Wright before going ahead.
- 2) Give your entry fees, and contributions for the cost of boat transport, to your coach, who will pass them on with a list of names of the crew to Craig Routledge.

You will not be able to enter a competition if you are not a member of British Rowing (if you haven't joined already, go to <http://www.britishrowing.org> to find out more). You will not be able to enter a competition if you haven't paid the appropriate entry fee, or if your subscription to the Club has lapsed.

This year, to help with cash flow, starting in February we will be asking competitors to contribute an initial payment that can then be topped up as necessary, This will be £50 for senior members and £20 for juniors. Arrangements for payment, which should be by direct transfer ideally, will be announced around the time of Durham Small Boats Head (2nd February).

Competitions: February – March 2013

Competitions coming up include:

27th January Indoor Rowing Championships, Manchester,
<http://concept2.co.uk/nationals/english>

- 2nd February Durham Small Boats Head: 1800 metres, Durham,
<http://www.durham-arc.org.uk>
- 23rd February Tyne Head of the River: 5000 metres, Scotswood – Newburn,
<http://www.tynerowingclub.org>
- 23rd March Ponteland Junior Head: 2400m course from the ‘White House’ (nr Ryton)
to Stella, <http://www.tynerowingclub.org>
- 23rd March Head of the River, Mortlake to Putney: <http://www.horr.co.uk>

Northern Rowing Club Development Conference 2013

This conference is held on 10th February at Durham ARC, and is an opportunity to meet other rowers in the region. The Club’s coaches and other officers will be there, and any other member can attend provided there is space. Why go? Well, in addition to an excellent lunch, there are sessions on specific topics that we all need to know about, such as coaching juniors, child protection, adaptive rowing etc. A poster with details is on the Club noticeboard – if any member wants to go, please contact David Manning.

Race Night

Thanks to Nathan Shiel, the Club will hold a Race Night on Saturday 16th February. More details nearer the time.

Banks of Cambois

As anyone who went to the Boathouse in December knows, ‘Banks of Cambois’ was damaged in an accident. Despite the dreadful injuries that the boat suffered, it is being repaired and is expected to be back as good as new towards the end of January.



Membership dues

A gentle reminder – subs for 2013 are now **overdue**. Compared with other sports clubs and gyms, Cambois Rowing Club is a real bargain: £120 for adults, £80 for J18s and concessions, and £60 for J16s. And, new for this year, is a Family Membership, up to 2 adults and 2 children, a bargain at £250. So, if you haven’t yet paid, please do so, as our Treasurer Ray Chilton will be checking and chasing.

If you have any items of news for the newsletter, or any comments, please send them to the Secretary, David Manning info@cambois-rowing.org, telephone 01670 512789

To find out more or to subscribe to the newsletter by email, go to

www.cambois-rowing.org