



# CAMBOIS ROWING CLUB NEWSLETTER

## FEBRUARY 2011

Welcome to the Cambois Rowing Club Newsletter. We expect that it will appear four times a year, with information about events in the Club's diary as well as other news.

### *Competition Calendar March – June 2011*

6 <sup>th</sup> March	NE Region trials for the Junior Inter-Regional Regatta, Cambois Rowing Club
26 <sup>th</sup> March	Ponteland Junior Head
9 <sup>th</sup> April	Junior Inter-Regional Regatta, Holme Pierrepont, Nottingham
16 <sup>th</sup> April	Chester-le-Street Regatta
7/8 <sup>th</sup> May	Durham City Regatta
14 <sup>th</sup> May	Tees Regatta
21 <sup>st</sup> May	Wansbeck Regatta ( <i>Cambois Rowing Club's Centenary Regatta</i> )
28 <sup>th</sup> May	Tyne Regatta and Tyne at home
4 <sup>th</sup> June	Hexham Regatta
12/13 <sup>th</sup> June	Durham Regatta

These are events that the Club supports – details of the crews to be entered will be confirmed by the coaches during training.

### *NE Region trials for the Junior Inter-Regional Regatta*

On Sunday 6<sup>th</sup> March Cambois Rowing Club hosts the regional trials to select competitors who will go forward to the Junior Inter-Regional Regatta in Nottingham (9<sup>th</sup> April). It is the first big event of the year, attracting a hundred competitors and their friends/families.

Please help! As well as supporting the competitors, we need help to make sure the event goes well. Volunteers are needed to help staff a refreshments stall and to act as marshals. Cakes and baking etc are needed for the refreshments stall. Contact David Wright, Captain, on 01670 823334 or the Secretary, David Manning ([info@cambois-rowing.org](mailto:info@cambois-rowing.org); 01670 512789).

### *Competition entry fees*

If you have been entered for a competition, a small fee has to be paid (typically £5-8). Please make sure that this is paid 10 days in advance of the competition to David Wright, Captain, otherwise you and the crew that you are in will not be entered.

### *New boats*

We are pleased to say that two new training sculls have arrived at the Club. These are ideal for those new to sculling, and make excellent preparation for your first trip out in a single scull.

*If you have any items of news for the newsletter, or any comments, please send them to the Secretary, David Manning [info@cambois-rowing.org](mailto:info@cambois-rowing.org), telephone 01670 512789*

*To find out more or to subscribe to the newsletter by email, go to [www.cambois-rowing.org](http://www.cambois-rowing.org)*